



CODE OF CONDUCT POLICY



PARENT'S CODE OF CONDUCT

All Parents/Guardians who have athletes participating with **Greater Than Track & Field Club** must abide by the following code of Conduct.

- Be a positive role model and to make sure my child has the best athletic experience possible.
- Encourage good sportsmanship by demonstrating positive support and respect for all athletes, coaches, officials, and administrators at all time.
- Support the coaches, officials and administrators working with my child to encourage a positive and enjoyable experience for all.
- Ensure my child treats other athletes, coaches, officials, administrators, and fans with respect.
- Ensure your athletes arrive on time to practice and competitions.
- Notify a Coach/Team Manager if my child is unable to make a scheduled track meet.
- Notify a Coach/Team Manager prior to leaving a track meet early.
- If possible, allow enough time to stay and support **"ALL" Greater Than Track & Field Club** team members at competitions
- Demonstrate positive open communication between coaches, athletes, parents & officials
- No gossiping or slandering others on the team
- If a parent has an issue or concern, they should schedule an appointment to discuss with the coach and / or director – parents should not demand an immediate hearing at practice or a competition as this approach is generally confrontational and non- productive.
- Ensure that when you leave an area (practice or meet) you leave it cleaner than when you arrived.
- Do not smoke at practices or meets nor bring alcoholic beverages to any **Greater Than Track & Field Club** and/or **USATF** events
- Foul language will not be tolerated around our Athletes.

ATHLETE'S CODE OF CONDUCT

Given our belief that athletics provides a unique opportunity for the development of physical conditioning, athletic skill, and character traits, we expect every **Greater Than Track & Field Club** athlete to adhere to the following rules:

- I will respect the **Greater Than Track & Field Club** coaching staff, team members, officials, other coaches, and opponents.
- I will observe all rules of behavior set forth by **Greater Than Track & Field Club** and USATF.
- I will demonstrate positive open communication between coaches, athletes, parents & officials.
- I will show team spirit, encourage others, and contribute to good morale.
- I will set a good example for teammates, and younger athletes.
- I will accept responsibility for consequences of actions, to not make excuses or blame others.
- I will arrive on time to practice and competitions

- I will be prepared to practice by wearing proper shoes and attire; bring sweats in case the weather gets chilly; bring a towel or blanket to lay on during warm ups / cool down / ab workout, etc. if it's wet outside.
- I will ensure that I am mentally ready to train.
- I will give an honest and sincere effort at each practice, and in competition.
- I will work to develop the skills necessary to participate competently in track and field.
- I will stay in the designated area during track meets and will not leave without informing a Coach/Team Manager.
- I will wear the **Greater Than Track & Field Club** team uniform neatly and properly at all competitions. I will compete in the designated **Greater Than Track & Field Club** uniform unless prior approval is received from the Head Coach.
- I will hydrate, eat healthy, and get plenty of sleep prior to practice and competitions.
- I will acknowledge and demonstrate good safety in practices and events.
- I will positively support fellow **Greater Than Track & Field Club** team members at practice and in competition.
- I agree to accept losing and winning graciously; by congratulating opponents and by not sulking or displaying other negative behaviors.
- I will control anger and frustration and refrain from displays of temper and bad language.
- I will not gossip or slander others on the team.
- I will ensure that when I leave an area (practice or meet) I leave it cleaner than when I arrived.
- I will not smoke, drink alcoholic beverages, use illegal drugs or any banned substances. Note: This will be an automatic ban from the club if caught.
- Foul language will not be tolerated "PERIOD"
- I will be honest and have fun!

By signing below, you acknowledge that you have reviewed the Code of Conduct required for participation in the **Greater Than Track & Field Club** and agree to adhere to the policy as written.

Athlete Name _____

Signature of Athlete (If under 18 must be accompanied by a parent/guardian signature)

Date of Signing

Signature of Parent/Guardian

Date of Signing